Fewer C’s

The amount of C-Sections has decreased over the years.

December 1, 2009

Old school In the early days of the epidemic, women with HIV were advised to deliver their babies by caesarean section to lower the risk of transmitting HIV.

New school Now, C-sections to prevent transmission are recommended only when the mother’s HIV viral load tops 1,000 at the 36th week of pregnancy. Vaginal birth works just fine for most positive moms-to-be.

For more on family planning, pregnancy and HIV, click here.

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http://beta.docker.poz.com/article/C-section-HIV-pregnancy-17568-5512