



# Briefs

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Infergen (non-pegylated interferon alfacon-1) may work on hep C (with or without ribavirin) after standard treatment fails.

Liver Helper: Choose good fats (olive and canola oils, avocado); limit refined sugars, carbohydrates and high-fat foods.

A naturally occurring protein in saliva seems to kill the oral Candida fungus in test tubes. Next: Test it in mouse mouths.

Family and peer support are the key to HIV adherence (taking all meds on time and as prescribed), recent studies report.

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