How Teens Have Sex

January 9, 2012 By Cristina Gonzalez

While many adults prefer to deny it, teens are having sex. And one grown-up organization has taken its head out of the sand: The American Academy of Pediatrics (AAP) changed its guidelines to suggest HIV testing for all 16- to 18-year-olds living in areas of the country with high prevalence rates.

Attacking the problem from a different angle: U.S. Representative Barbara Lee (D–Calif.) and U.S. Senator Frank Lautenberg (D–N.J.) have introduced a bill to expand sex education in schools nationwide and to promote programs that combine information on abstinence and contraception. If the bill passes, and the new guidelines are heeded, we may see an HIV-free generation after all.

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