



The 12 Most Common Types of HIV Discrimination Complaints

According to a Lambda Legal report on LGBTQ and HIV discrimination—which underscores why the Senate must pass the Equality Act

March 16, 2021 By [Trent Straube](#)

Last month, the House of Representatives passed the Equality Act, a bill that would not only ban discrimination based on gender identity and sexual orientation but also expand the areas to which the ban applies.

The bill faces an uncertain future in the Senate, which is split 50-50 between Democrats, who generally back the measure to protect [LGBTQ people](#) from [discrimination](#), and Republicans, who don't. President Joe Biden campaigned on supporting the Equality Act and said he'd sign it. Meanwhile, the Senate Judiciary Committee scheduled a hearing on the Equality Act for March 17.

NEW: Our Help Desk Report released today shows that discrimination and harassment are an unfortunate reality for LGBTQ+ people across the country.

We need the [#EqualityAct](#) to ensure that LGBTQ+ people are fully protected.

Read More → <https://t.co/t9k8Whs2nk>
pic.twitter.com/hxVres3vgp

— Lambda Legal (@LambdaLegal) [March 10, 2021](#)

Is the Equality Act needed? An [NPR primer](#) on the legislation explains that opponents say it isn't necessary, in part, because the [Supreme Court ruled last year](#) that LGBTQ people in the workplace are protected against discrimination based on sexual orientation and gender identity. They also argue that the Equality Act does not protect religious liberty and that, for example, a business could be forced to provide services to same-sex couples.

Supporters of the Equality Act counter that a national law is needed because many states don't protect LGBTQ citizens and that the recent Supreme Court ruling can be interpreted by future administrations to apply only to the workplace and not, for example, to housing, education and health care. (Needless to say, a large proportion of people living with HIV identify as LGBTQ, and both population groups face discrimination in many areas of life.)

To better assess the need for the Equality Act, LGBT and HIV advocacy group [Lambda Legal](#) released a report titled "[The United States of Discrimination: Trends in Bias Against LGBTQ People and People Living with HIV, 2021.](#)"

For the report, Lambda Legal analyzed the 4,468 requests for legal guidance the organization's help desk received from across the nation in 2020.

The results?

"Anti-LGBTQ discrimination is ubiquitous, with nearly two thirds of LGBTQ Americans reporting they have experienced discrimination in their lifetimes," said Kevin Jennings, CEO of Lambda Legal, in the group's [press release](#) about the report. "This should be reason enough for Congress to finally close the many civil rights gaps that have left LGBTQ Americans vulnerable, unprotected and too often defenseless against transgressions in virtually every realm of public life. Our new analysis reinforces why the Equality Act is so crucial—because fairness and equality should be for everyone, with no gaping holes for LGBTQ people."

"The United States of Discrimination" includes a section specifically on the reports of HIV discrimination received by the help desk.

The HIV-related reports were broken down into these categories:

- 31% Workplace
- 14% Confidentiality
- 12% Prisons
- 9% Criminalization

- 7% Housing
- 6% Public accommodations
- 5% Insurance
- 5% Treatment
- 5% Immigration
- 3% Harassment
- 2% Parent and child
- 1% Transmission

The Lambda Legal press release points out several top-line findings regarding the LGBTQ community:

- Anti-LGBTQ discrimination is ubiquitous. LGBTQ harassment and discrimination reports came from all 50 states, the District of Columbia and Puerto Rico.
- Anti-LGBTQ discrimination cuts across socioeconomic boundaries.
- Gender identity-based discrimination reports were dominated by issues related to identity documents, workplace, and prisons.
- Sexual orientation-based discrimination reports were dominated by issues related workplace, relationships, harassment and violence, and parenting.
- Workplace-related anti-LGBTQ discrimination dominated requests for legal help overall.
- Difficulty accessing identity documents is a dominant problem area for transgender people.
- Criminal justice legal matters accounted for roughly 1 in 10 of all anti-LGBTQ discrimination help requests.

“The sooner the Senate acts to pass the Equality Act, the sooner we will see a reduction in the

systemic discrimination the Help Desk sees every day. I'm proud of the work Lambda Legal's Help Desk has done in protecting LGBTQ people, but we need this legal updating for our ongoing, nationwide fight to ensure full equality for LGBTQ+ people, everyone living with HIV, and all Americans."

In related news from January, see "[How Biden's Executive Order on LGBTQ Equality Helps HIV Efforts](#)," which details how the Trump administration sowed confusion and cruelty by ruling that antidiscrimination rules in health care didn't cover gender-identity and sex stereotyping. And the POZ feature "[Making the Case for Equality](#)" profiles Lambda Legal and its efforts to fight for LGBTQ people and everyone living with HIV. To read about more cases, click [#Lambda Legal](#).

© 2026 Smart + Strong All Rights Reserved.

<http://beta.docker.poz.com/article/12-common-types-hiv-lgbtq-discrimination-complaints-lambda-legal>